



Freedom of Choice at Risk?

A recently proposed bill in New York has generated a significant amount of controversy due to the way it could limit the way health practitioners and consumers interact.

Kim Thompson (2011) of *Healthy Transformations* in New Hartford, NY explains:

“There are numerous problems in the writing of this bill for the residents of NY.

- 1.) It would SEVERELY limit consumers to where they can get information about nutrition, health food and supplements. The limitations include RD's, MD's and DO's. It even calls for places like Weight Watchers to have a LDN on staff in order to talk about weight loss!
- 2.) It restricts consumer's options on dietary supplements and health food retailers throughout the state.
- 3.) It puts many professionals in jeopardy of losing part or all of their business! It would include chiropractors, acupuncturists, health coaches, CCN's, ND's,, etc who practice nutrition in any fashion, including consulting and the sale of supplements.
- 4.) It creates a monopoly by the American Dietetic Association, as they would be the sole licensing arm in NYS. It is the ADA who is supported by "Big Food and Pharma" companies like Coke, Pepsi, Hershey's, and Glaxo Smith Kline and state "there is no such thing as a bad food." Unfortunately, it is this mentality that has lead to 2/3 of the adults in America being overweight or obese!

Ultimately, this bill would take away the consumer's freedom of choice when it comes to nutrition, health foods and supplements.”

For more information visit <http://www.healthytransformations.net/News.php>

Who are your elected officials? <http://nymap.elections.state.ny.us/nysboe/>



Sources:

Thompson, Kim (2011). Interview. *Healthy Transformations* 3985 Oneida St. Suite 104 New Hartford, NY 13413 315-737-8270 www.healthytransformations.net

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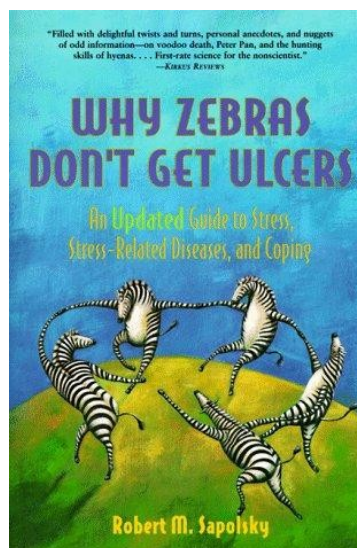
Book of the Month:

Why Zebras Don't Get Ulcers

By Robert Sapolsky

"This is a favorite of mine that I am reading again. It is a great look into what STRESS is doing to your body!"

-Kim Thompson of *Healthy Transformations*



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3985 Oneida Street, Suite 104

New Hartford, NY 13413

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